

St John the Baptist C of E Primary School

Address: Vale Road, Colwick, Nottingham NG4 2ED

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Head Teacher: Mr C Belton

Dear Parents and Carers,

After Easter we are re-launching the St John the Baptist Richness List as the...



At St John the Baptist we believe in educating the whole child and nurturing life skills to create independent and confident children who believe in themselves and demonstrate perseverence.

Therefore we'd like to set your child the challenge of completing the 100 Club during their time at St John's. Your child may have already ticked off some of the activities on The Richness List, which is at the front of their organisers. We now want to begin celebrating these achievements regularly in our school assemblies as we re-launch as The 100 Club,

The 100 Club is now split into eight different sections (please see reverse). If your child completes a section then they will receive a special 100 Club Certificate which will be awarded in assembly. Additionally, if they achieve 50 out of the 100 then they will receive a 100 Club Wristband. Furthermore, if your child manages to achieve all of the 100 activities by the time they leave St John the Baptist Primary then they will receive a special 100 Club T-shirt which will have the whole list printed on the reverse!

Please take the time to go through the list with your child and circle the ones that they have already achieved. For example, No.100 is to make their bed each morning and obviously all of the children will have achieved that one! (Tee-hee!)

It would be brilliant to celebrate your child's achievements in assemblies or on display in school, so please take a quick photo of your child completing an activity and email it to.

the 100club@st-johns-pri.notts.sch.uk

If your child wants to draw, write or create something to achieve an activity then we would also love to put these on display for all to see.

Once again, thank you to all parents for your wonderful support. If you have any questions then please direct them to Mrs Haythorn.



100 things to do before you leave St John the Baptist C of E Primary School.

Adventure

- Use a compass and a map.
- Fold clothes and pack my own bag.
- 3. Identify the world's continents and find them on a map.
- Locate Nottingham and London on a map of Britain.
- 5. Go camping.
- 6. Put up a tent.
- Identify 20 flags of the world and name their capital cities.
- 8. Take a walk on the beach.
- 9. Climb a mountain.
- 10. Visit Nottingham Castle.
- 11. Go on a boat / cance / kayak.
- 12. Build a den. (outside)
- 13. Visit a farm.
- 14. Cook over a campfire.
- 15. Watch a live sports match.
- 16. Go on a residential visit,

Active

- 17. Learn how to swim.
- 18. Learn to ride a bike.
- 19. Climb along our climbing wall.
- 20. Fly a kite.
- 21. Climb a tree.
- 22. Learn to hula hoop and skip.
- 23. Learn some traditional playground games.
- 24. Walk more than 4 miles in one go.
- 25. Go rock climbing and/or abseiling.
- 26. Join a school club.

Creative

- 27. Take part in a school show.
- Know how to mix any colour from the three primary colours.
- 29. Visit an art gallery.
- 30. Go to see a production.
- 31. Learn the school Birthday Song.
- Listen to a range of different genres of music and name them.
- 33. Dance 'til you drop at a disco.
- 34. Watch a black and white film.
- 35. Read and understand some Shakespeare.
- Learn to play a tune on a musical instrument.
- 37. Recite a poem or short story off by heart.

Life in all its Fullness

Start children off on the way they should go and even when they are old they will not turn from it.

(Proverbs 22:6)

Christianity

- 38. Learn and understand the Lord's Prayer.
- 39. Visit a Cathedral.
- 40. Attend Church on a Sunday.
- 41. Read 50 passages from your School Bible.
- 42. Give something up for Lent, (for all 40 days!)
- 43. Know the Ten Commandments.
- 44. Know the seasons of the Church calendar.
- 45. To name the nine 'Fruits of the Spirit' (Galatians 5:22-23).

Email your photos to: the100club@st-johns-pri.notts.sch.uk



General Knowledge

- Name the planets in the solar system.
- 47. Learn about 5 different periods of British history.
- 48. Learn all the main parts of the human body.
- 49. Identify at least 5 UK birds and trees.
- 50. Learn the months of the year.
- 51. Learn about the history of Nottingham.
- 52. Know commonly used Roman numerals.
- 53. Learn to count to 20 in French.

Citizenship

- 54. Smile at someone: everyday.
- 55. Learn to share.
- Learn to resolve differences in the correct way.
- 57. Observe 2 minutes silence for Remembrance.
- 58. Recognise all the coins in the UK.
- 59. Know the names of the immediate royal family.
- 60. Know the National Anthem.
- 61. Know the main political parties.
- 62. Know the parts of the Union Flag.
- 63. Volunteer to help in your local community.
- 64. Learn about non-Christian religions.
- 65. Visit a non-Christian religious building.
- 66. Meet a Mayor or a Councillor.
- 67. Learn about different jobs and professions.
- Understand where your basic meals come from.
- 69. Raise £100 for charity. (Over your 7 years with us.)
- 70. Pay money into your own bank account:

Safety

- 71. Know how to cross the road safely.
- 72. Know basic first aid.
- 73. Know how to call the emergency services. (999 <u>and</u> 112)
- Know how to use the internet safely and responsibly.
- 75. Complete your cycling proficiency.
- 76. Learn about firework safety.
- Know your home address and telephone number off by heart.
- 78. Learn about Stranger Danger.
- Know how to pick up and carry a heavy item safely.
- 80. Know the dangers of drug use.

Skills

- 81. Learn to tie shoe laces.
- 82. Learn the alphabet.
- 83. Set a table and use a knife and fork.
- 84. Learn to tell the time. (Analogue)
- 85. Learn to tie a tie.
- 86. Make a daisy chain.
- 87. Learn to tie 3 different knots.
- 88. Learn to juggle. (or have a go!)
- 89. Grow fruit or vegetables and eat them!
- 90. Read a recipe and prepare a healthy
- 91. Know how to use a laptop / computer.
- 92. Learn how to type.
- Know how to save and retrieve work on a computer.
- 94. Learn joined-up (cursive) handwriting.
- 95. Know how to set out a formal letter.
- Know how to use a dictionary, thesaurus and encyclopaedia.
- 97. Know how to find a book in a library.
- 98. To be able to $+,-,\times$ and +.
- 99. Make your own packed lunch.
- 100. Make your bed each morning.



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