

**SPRING/SUMMER
2023**

WEEK 1

WEEK COMMENCING

20 February, 13 March,
3 April, 24 April, 15 May,
5 June, 26 June, 17 July,
7 August, 28 August



Vegetarian meals are available upon request

MAIN MEAL

DESSERT

MONDAY

Cheese & tomato pizza
roast new potatoes
carrot sticks
& sweetcorn

Milk Gluten



Fruit flapjack

Gluten



TUESDAY

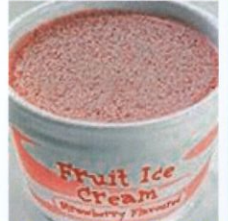
Chicken fajitas
diced potatoes
crunchy vegetables

Gluten



Strawberry ice-cream tub

Milk



WEDNESDAY

Spaghetti Bolognese
garlic bread
carrot & cucumber sticks

Milk Gluten Soya Fish



Marble slice
& custard

Gluten Milk



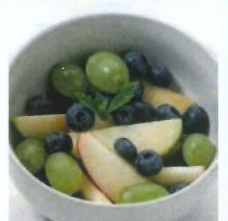
THURSDAY

Nottinghamshire sausages
gravy, Yorkshire pudding
mashed potatoes
cabbage & carrots

Milk Egg Gluten Sulphur Dioxide



Fruit salad



FRIDAY

MSC fish fingers
tomato ketchup
diced potatoes
garden peas & sweetcorn

Gluten Fish



Ginger cookie

Gluten



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served.

www.nottinghamshire.gov.uk/schoolmeals

**SPRING/SUMMER
2023**

WEEK 2

WEEK COMMENCING

27 February, 20 March,
10 April, 1 May, 22 May,
12 June, 3 July, 24 July
14 August



Vegetarian meals are available upon request

MAIN MEAL

DESSERT

MONDAY

Vegetable mac 'n' cheese
garlic bread
crunchy vegetables

Milk Soya Gluten



Chocolate mousse

Milk



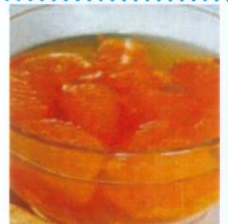
TUESDAY

Beefburger in a bun
jacket wedges
carrot sticks
ranch salad

Egg Gluten Milk Soya Sesame



Jelly & fruit



WEDNESDAY

Cheese & tomato pizza
roast new potatoes
carrot sticks
coleslaw

Gluten Milk Egg



Strawberry ice-cream tub

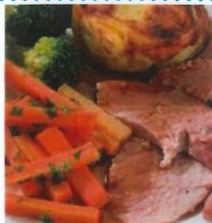
Milk



THURSDAY

Roast gammon & gravy
roast new potatoes
sliced carrots
green cabbage

Gluten Sulphur Dioxide Milk



Cornflake tart
& custard



FRIDAY

MSC Fish cake
jacket wedges
garden peas & sweetcorn
tomato ketchup

Gluten Milk Fish Mustard



Chocolate brownie

Gluten



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served.

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**SPRING/SUMMER
2023**

WEEK 3

WEEK COMMENCING

6 March, 27 March,
17 April, 8 May, 29 May,
19 June, 10 July, 31 July
21 August



Vegetarian meals are available upon request

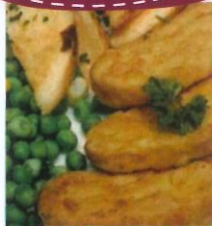
MAIN MEAL

DESSERT

MONDAY

Quorn vegan dippers
roast new potatoes
sweetcorn
cucumber sticks

Gluten



Yoghurt with fruit & cream

Fruit

Gluten Sulphur Dioxide Milk



TUESDAY

Chilli beef with soft taco rice
sweetcorn
cucumber sticks

Gluten Milk



Chocolate & orange cookie

Gluten



WEDNESDAY

Chicken pasta
garlic bread
carrot & cucumber sticks

Soya Gluten Milk



Strawberry slice
& pink custard

Milk Gluten



THURSDAY

Roast pork, stuffing & gravy
mashed potatoes
roast potatoes
carrots & green cabbage

Gluten



Butterscotch tart

Milk Gluten



FRIDAY

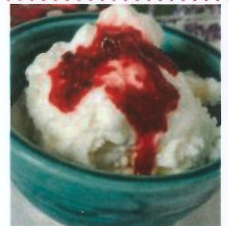
MSC fish fingers
oven chips
garden peas & sweetcorn
tomato ketchup

Gluten Fish



Frozen yoghurt
& ice cream wafers

Milk Gluten Soya



ALSO SERVED DAILY: Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served.

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